

## Who has used the Shared Lives Scheme?

### David's Story

David is a 45 year old man who has a learning disability. Until last year he lived at home with his elderly mother as well as attending a local Day Service for people with a learning disability. David's passion was for his local football club. Sadly David's mother became too frail to care for the two of them. So after meeting fellow football supporters and Shared Lives carers Jane and Doug and staying for a trial weekend at their home, David decided to move permanently into Shared Lives. David now particularly enjoys accompanying fellow season ticket holder Doug to every home and some away matches.



### Betty's Story

Betty is a lively 70 year old who, after a spell of ill health due largely to a poor diet, went to live in a residential home some 30 miles away from her home town. Betty felt that she was no longer able to manage on her own. Betty missed her family and friends and after a period of living in the home found that the care and improved diet that she received had improved her general health. Betty still did not feel confident about living



completely independently and cooking for herself but was glad to be able to move back to her home town to live in the ground floor annex of Shared Lives carers Sally and Bill. Sally and Bill provide Betty with the care and support that she needs as well as healthy home-cooked food and Betty is able to see her friends and relatives again.

### Would you like more information about the Shared Lives Scheme?

Shared Lives staff are always happy to talk to people who are interested in the scheme either for themselves or for a member of their family.

**Please call Hantsdirect and ask for your nearest Shared Lives office:  
0845 603 5638**

HCC aims to enable all eligible adults to either offer or use the Shared Lives Scheme, regardless of their ethnic origin, marital status, gender, religion, language or sexual orientation.

# SHARED LIVES

Sharing homes enhancing lives



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[www.hants.gov.uk/adult-services/adult-placement](http://www.hants.gov.uk/adult-services/adult-placement)



Hampshire  
County Council

# SHARED LIVES

Sharing homes enhancing lives

## Would you like...

- a bedroom with privacy?
- in a comfortable and friendly household?
- with as much help as you need?

If so the **Shared Lives Scheme** could be for you!

## Who can use Shared Lives?

Shared Lives is for adults aged 18 or over who need help and support. They may be:

- a person with a learning disability
- a person with a physical disability
- a person with mental health problems
- a person with other health or sensory difficulties or is unable to live alone because of their age

## Who provides the Shared Lives Scheme?

Shared Lives carers provide accommodation, care and support in their own homes. The carers are carefully selected members of the public who are recruited, and trained and supported by Hampshire County Council Shared Lives staff.

Their application will have been approved by an independent panel of people who understand about Shared Lives. Their work is continuously supported and monitored by Shared Lives staff.



## What does the Shared Lives Scheme Offer?

- each arrangement is planned to meet your needs
- you can develop skills and meet new people in the comfort of a carer's home
- Shared Lives can be used as a stepping stone towards more independence
- you can choose to accept or reject any arrangement that is offered to you
- professional support is given throughout the placement
- you are encouraged to remain in touch with your family and friends if you wish to



## How is each Shared Lives arrangement paid for?

Shared Lives carers receive a fee for each placement that they offer.

You will pay the carer:

- rent for your room (usually from Housing Benefit)
- a standard amount for all of your food and your share of the household bills (from your DWP benefits)
- and possibly sometimes a contribution toward your care and support as decided by the Financial Assessments and Benefits team from Adult Services:

Adult Services will pay the carer:

- for your care and support