

# Managing Sight Loss

## Advice for everyday living

### What you need to know – Recorded material

- **Talking books on CD's or cassette tapes are available through a wide variety of sources.**
- **The local library can loan recorded books to individuals who are visually impaired.**
- **Mail Order is available such as RNIB and Calibre:**
  - **RNIB provide the 'Talking Book' machine for their books. These can be accessed direct from the RNIB and there is an annual charge, or following assessment from Adult Services or Children's Services Sensory Team.**
  - **Calibre Cassette Library provide a postal lending library service. Their cassettes can play on any machine. They are also beginning to introduce MP3 files of recorded material to visually impaired customers.**

- **You can also take advantage of the general public's interest in books on cassette tape or CD which can be purchased from high street stores or rented from mail order companies. These companies will send free catalogues.**
- **TNAUK (Talking Newspaper Association UK) provide daily newspapers and magazines on cassette and CD for an annual subscription.**